

Nourish For Caregivers Support Group

Nourish for Caregivers is a faith-based support group for adults who act as caregivers for elderly parents, spouses, and loved ones. The group is sponsored by the La Porte Catholic Community and meets the 2nd Wednesday of the month at St. Peter's Rectory in La Porte (NOTE: Due to COVID-19, the support group will meet the 2nd Wednesday of the month at 6:30 on a virtual format using Zoom until further notice.) Caregivers are some of the most dedicated, hard working and faith filled people in our parish communities.

They realize that their needs are important, and that their physical, emotional and spiritual health is of primary importance to them as they care for their loved ones. Each meeting includes personal sharing, a timely topic, handouts, discussion and prayer time. There is not cost to the program.

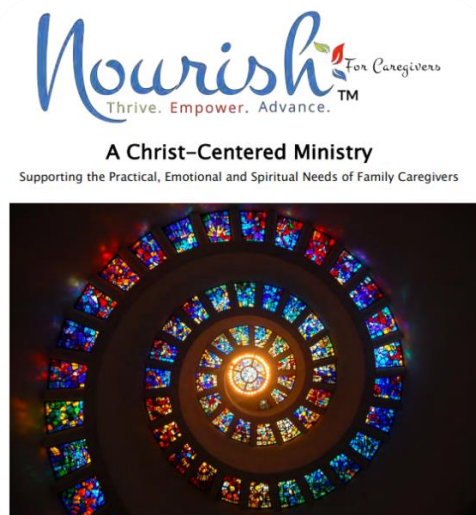
The **Respite Care Project** provides funds to support time away for a few hours so that caregivers can tend to their own personal needs and wellbeing.

Applicants must be an active member of the *Nourish for Caregivers* for Support Group in La Porte. Applications can be obtained at the monthly support group meeting.

Caregivers may select a local agency or reputable individual to provide the respite care.

Applications are accepted on a "first come" basis. Only one application per month will be accepted per caregiver. (applicant)

Applicants who meet the above criteria will be notified within one week once the application has been received by the Review Committee. If the application is approved funds will be disbursed within one week of the application's approval. (Checks will be made out to the selected agency or individual providing the respite care.)



For more information contact:

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